



- Stock up on canned provisions.
- Keep a small cooler with frozen gel packs handy for packing refrigerated items.
- Check prescription medicines - obtain at least 10 days to 2 weeks supply.
- Prepare to store and secure outdoor lawn furniture and other loose, lightweight objects, such as garbage cans, garden tools, potted plants, ect.
- Have on hand an extra supply of cash.
- Review your evacuation plan.
- Review your family disaster plan.

**U.S. Army Garrison  
OSHA Management Office  
Fort Monmouth, NJ**